

Progressive Care CENTER

Weekly Menu

Plus a Tasty Snack Every Day!
Homemade Soup of the Day or Chef Salad
is also available as a substitute for any of these meals.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Juice of Choice Cereal of Choice Egg Meat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Breakfast Meat French Toast Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Meat Muffin Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Meat Biscuit Sausage Gravy Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Meat Toast Margarine & Jelly Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Meat Pancakes Margarine & Syrup Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Meat Toast Margarine & Jelly Milk Coffee or Hot Tea
LUNCH	Pepper Steak with Gravy over Noodles Parsley Carrots Wheat Roll or Bread Margarine Cream Pie Milk Beverage of Choice Alternate: Baked Chicken, Rice & Gravy, Peas	Savory Pork Roast Confetti Rice Delmonico Tomatoes Wheat Roll or Bread Margarine Blushing Bananas Milk Beverage of Choice Alternate: Tater Tot Casserole, Salad	Fried Chicken Scalloped Corn Green Beans Wheat Roll or Bread Margarine Peanut Butter Bar Milk Beverage of Choice Alternate: Taco Salad	Ham & Potato Casserole Greens Cornbread Margarine Fruit Mix Milk Beverage of Choice Alternate: Tuna Salad Sandwich, Chips	Country Fried Steak Mashed Red Skin Potatoes Lima Beans Wheat Roll or Bread Margarine Banana Pudding Parfait Milk Beverage of Choice Alternate: Chicken & Dumplings, Greens	Fried Fish Fillet French Fries Calico Coleslaw Hushpuppies Fresh Fruit Graham Crackers Milk Beverage of Choice Alternate: Meatloaf and Gravy, Rice, Okra	Smoked Turkey Green Pea Casserole Sliced Beets Cornbread Margarine Raspberry Dream Cake Milk Beverage of Choice Alternate: Egg Salad Sandwich, Chips
DINNER	Mesquite Roasted Turkey Baked Potato Zucchini Cornbread Margarine Poached Peaches Milk Beverage of Choice Alternate: Sausage & Potato Casserole and Green Beans	Smoked Sausage on a Bun Tater Tots Spinach Wheat Roll or Bread Margarine Sherbet Milk Beverage of Choice Alternate: Chicken Noodle Casserole, Salad	Hamburger on a Bun Lettuce, Tomato, Onion & Pickle French Fries Lime Pear Square Gelatin Milk Beverage of Choice Alternate: Fried Chicken Livers with Rice and Gravy, Greens	Shrimp Caesar Salad Cream Pasta Salad Bread Stick Margarine Chocolate chip Cookie Milk Beverage of Choice Alternate: Corn Dog, French Fries, Green Peas	Roasted Chicken Macaroni & Cheese Mixed Vegetables Wheat Roll or Bread Margarine Pineapple Chunks Milk Beverage of Choice Alternate: Cold Cut Sandwich, Chips, Salad	Ham with Pinto Beans Broccoli Cuts Wheat Roll or Bread Margarine Cake with Creamy Frosting Milk Beverage of Choice Alternate: Chef Salad, Crackers	Sloppy Joe on a Bun Potato Chips California Vegetable Blend Fruit Cup Milk Beverage of Choice Alternate: Grilled Cheese Sandwich, Tater Tots, Pea Salad